## HELFER-GUIDE ZIVILE SPONTANHILFE

A disaster area contains many dangers that are not always obvious at first glance. Even after the area has been released, you are responsible for your own safety at all times. So take good care that you do not injure yourself and have to call for help. We have summarized for you the most important safety instructions on site.

Pay attention to your senses! Do you hear noises that indicate danger, do you smell gas or heating oil, do you see warnings?
Keep your distance from possible sources of danger.

Never go alone. If you get hurt, it is important that there is someone nearby to help you. Only together you are safe.

Do not enter abandoned buildings that have not been released. Buildings may be in danger of collapse. Never enter buildings that still have water in them.

## Watch your step!

Floods carry a lot of debris, mud and heating oil along their path. It is slippery and sharp objects can hide in the mud.











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